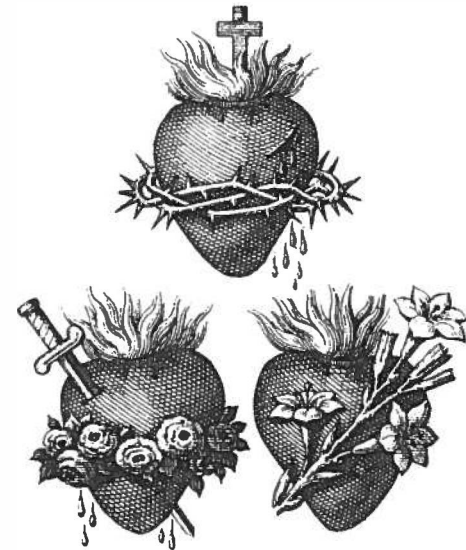


Daily Devotions



St. Vincent de Paul Parish & St. Joseph Mission

Mater Dolorosa Parish & Holy Rosary Mission

*Produced by
St. Vincent de Paul Parish, New Martinsville
2020—Version 1.2
all prayers, images, and music in the public domain*

Table of Contents

Marian Antiphons	3
Miraculous Medal Novena (Monday)	6
Litany of Loreto (Tuesday)	8
Litany of Saint Joseph (Wednesday)	10
Litany of Humility (Thursday)	12
Litany of the Sacred Heart (Friday)	13
The Holy Rosary	15
The Divine Mercy Chaplet	17
Order of Exposition & Benediction	18
First Friday Devotions	20
Act of Spiritual Communion	22
Saint Michael the Archangel	22



AN ACT OF SPIRITUAL COMMUNION

My dear Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.

Amen.

PRAYER TO SAINT MICHAEL THE ARCHANGEL

St. Michael the Archangel,
defend us in battle.
Be our defense against the
wickedness and snares of
the Devil.
May God rebuke him, we
humbly pray,
and do thou,
O Prince of the heavenly
hosts,
by the power of God,
thrust into hell Satan,
and all the evil spirits,
who prowl about the
world
seeking the ruin of souls.
Amen.



Marian Antiphons

The four great seasonal Marian antiphons come from the Divine Office, office of Compline or Night Prayer, the last of the sung hours of the day. At the close of Compline, one of the four seasonal Marian prayers is sung: Alma Redemptoris Mater, Ave Regina Caelorum, Regina Caeli, or Salve Regina. It is also a pious custom to chant the Latin antiphon appropriate to the season at the conclusion of Mass.

Alma Redemptoris Mater

First Sunday of Advent to the Presentation of the Lord (February 2)

v
A L-ma * Redemptó-ris Ma-ter, quæ pérv-i a cæ-li
porta manes, Et stella ma-ris, succúrre cadénti súrge-
re qui cu-rat pópu-lo: Tu quæ genu- ísti, na-tú-ra mi-
ránte, tu-um sanctum Ge-ni-tó-rem: Virgo pri- us ac po-
sté-ri- us, Gabri- é-lis ab o-re sumens illud Ave, pecca-
tó-rum mi-se-ré- re.

*Loving mother of the Redeemer,
gate of heaven, star of the sea,
assist your people who have fallen yet strive to rise again,
To the wonderment of nature you bore your Creator,
yet remained a virgin after as before,
You who received Gabriel's joyful greeting,
have pity on us poor sinners.*

Ave Regina Caelorum

Presentation of the Lord (February 2) to the Easter Vigil:

VI

A - ve Re-gi-na cæ-ló-rum, *A-ve Dó-mi-na Ange-
ló-rum: Salve ra-dix, salve porta. Ex qua mundo lux est
orta: Gaude Virgo glo-ri-ó-sa, Super omnes spe-ci-ó-sa:

Va-le, o valde decó-ra, Et pro no-bis Christum ex-ó-ra.

Hail, Queen of Heaven, hail Lady of the angels.
Hail, root, hail the door through which the Light of the world is risen.
Rejoice, glorious Virgin, beautiful above all.
Hail, O very fair one, and plead for us to Christ.

Regina Caeli

Easter Vigil to Pentecost Sunday:

VI

R E-gí-na cæ-li * lætá-re, alle-lú-ia: Qui- a quem me-
ru-ísti portá-re, alle-lú-ia: Re-surré-xit, sic-ut di-xit,
alle-lú-ia: O-ra pro no-bis De-um, alle-lú-ia.

Queen of heaven, rejoice, alleluia;
for He whom thou was chosen to bear, alleluia;
has risen as He said, alleluia;
pray for us to God, alleluia.

compassionate love, | we shall be able to offer You | at least some consolation. || We want to live a life perfect in immolation, | in service, | and in love | as Your heart so greatly desired.

|| Just as Mary Magdalene poured oil over Your feet and sacred head, | we likewise offer you | adoration, love, humility, and loyalty. || With Veronica, | we desire to console You | for the abuse that has been heaped up on You | and finally with Your Blessed Mother, | Saint John, | and all the loyal and devoted friends | standing on Calvary, | we will stand by You faithfully | to make up for many loved ones who have deserted You. || May the Sacred Heart of Jesus be loved everywhere. || To the heart of Jesus, | most worthy of adoration | be praise, thanksgiving and adoration | throughout the whole world, | now and forever. || Amen.

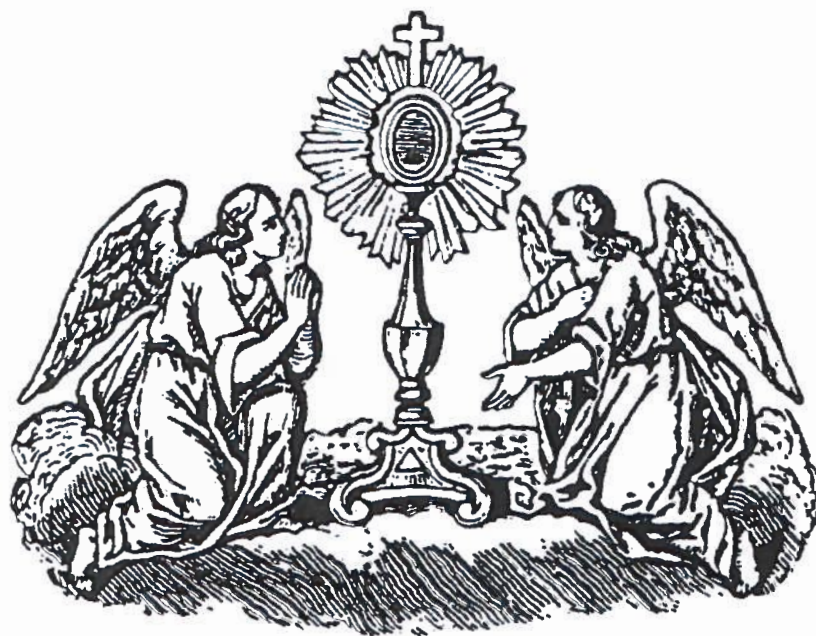
Silence.

LITANY OF THE MOST SACRED HEART

Please see pages 13-14

BENEDICTION OF THE BLESSED SACRAMENT

Please see pages 18-19



Devotion to the Sacred Heart of Jesus First Fridays

EXPOSITION OF THE BLESSED SACRAMENT

Please see page 18

OPENING PRAYER

Priest: Come, Holy Spirit, fill the hearts of thy faithful

All: And kindle in them the fire of thy love.

All: Oh, come Lord Jesus Christ | who has promised | that wherever two or three should be gathered in Your name | You will be in the midst of them: | look down | with compassion, love, and mercy upon us | who are now united before You in the loneliness of our hearts | to adore Your sacred presence | and in the desire | to make it known | and loved by all. || Stay in our midst most, loving Jesus, | fill our hearts with your blessings, | and enflame them with your love. || O Jesus, | humbly kneeling in Your presence | and united with all the faithful on earth | and all the saints in heaven, | we adore You | true God and true man | here present in the Eucharist. Lord Jesus, | we desire during this time | to adore You, | to thank You. | to renew our sorrow for sin, | and to ask for all the graces | of which we stand in need. || We also desire | to make reparation for our coldness | toward You | in the sacrament of Your love, | for the ingratitude and sins of others, | especially for the outrages and sacrilegious | committed against You | in the Most Holy Sacrament. || We offer this time for the general intention | that our families and our parish might be blessed | and for our own particular intentions.

(mention personal intentions in silence)

Grant us the grace, | dear Jesus, | to spend this time for Your greater honor and glory. || Oh Sacramental Jesus. | our mediator with Your heavenly Father. || Strengthen our weakness, confirm our resolutions, | and make us love you | more and more. || Grant that nothing | in life or death | may ever separate us from love of You. Amen.

Silence.

ACT OF REPARATION

All: “Behold this heart | that has loved people so much | and that finds only in difference, neglect, and gratitude among so many | and often even among those | whom You have honored with the special love. || Lord, we have heard the sorrowful complaints | You revealed to the blessed servant | and disciple of Your heart, | Saint Margaret Mary, | that you felt greater sorrow | over this ingratitude | then over all the sufferings | You endured in Your passion, | that if people | would only make some return for such love, | You would count as nothing | all that You have done for them. || Therefore, Lord, | we will try to return love for love. || Through our grateful,

Salve Regina

Day after Pentecost Sunday until the First Sunday of Advent:

S Alve Re-gi-na, * ma-ter mi-se-ri-córdi-æ, Vi-ta, dul-
cé-do, et spes nostra, salve. Ad te clamá-mus, éxsu-
les, fí-li- i Hevæ. Ad te suspi-rá-mus, geméntes et flen-
tes in hac lacrimá-rum valle. E-ia ergo, Advo-cá-ta
nostra, illos tu- os mi-se-ri-córdes ó-cu- los ad nos con-
vér-te. Et Je-sum, be-ne-díctum fructum ventris tu- i,
no-bis post hoc exsí- li- um osténde. O cle- mens:
O pi- a: O dulcis Virgo Ma-ri- a.

*Hail, holy Queen, Mother of Mercy,
our life, our sweetness and our hope.*

*To thee do we cry, poor banished children of Eve;
To thee do we send up our sighs, mourning and weeping in this valley of tears.*

Turn then, O most gracious Advocate,

Thine eyes of mercy toward us;

And after this our exile,

Show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

DAILY DEVOTIONS

Novena to Our Lady of the Miraculous Medal (Prayed on Mondays immediately following the Mass)

Priest: In the name of the Father and of the Son and of the Holy Spirit.

People: Amen.

Priest: Come, Holy Spirit, fill the hearts of Your faithful, and kindle in them the fire of Your love. Send forth Your Spirit, and they shall be created.

People: And you shall renew the face of the earth.

Priest: Let us pray. O God, who did instruct the hearts of the faithful by the light of the Holy Spirit, grant us in the same Spirit to be truly wise and ever to rejoice in His consolation, through Jesus Christ, our Lord.

People: Amen.

Priest: O Mary, conceived without sin,

People: Pray for us who have recourse to Thee. (3 times)

ALL: O Lord Jesus Christ, | who have vouchsafed to glorify | by numberless miracles | the Blessed Virgin Mary, | Immaculate from the first moment of her conception, | grant that all who devoutly implore | her protection on earth, | may eternally enjoy Your presence in heaven, | who, with the Father and Holy Spirit, | live and reign, God, forever and ever. Amen.

O Lord Jesus Christ, | who for the accomplishment of your greatest works, | have chosen the weak things of the world, | that no flesh may glory in your sight; | and who for a better and more widely diffused belief | in the Immaculate Conception of Your Mother, | have wished that the Miraculous Medal | be manifested to Saint Catherine Laboure, | grant, we beseech You, | that filled with like humility, | we may glorify this mystery by word and work. Amen.

Who live and reign with God the Father
in the unity of the Holy Spirit,
one God, for ever and ever.

R. Amen.

Blessing

Divine Praises

Each phrase is repeated by the people after the celebrant:

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

May the Heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection at every moment in all the tabernacles of the world, now and until the end of time. Amen.

Reposition

The Blessed Sacrament is returned to the tabernacle as all adore in reverent silence.

As the celebrant leaves the tabernacle, all stand and the Recessional Hymn is sung:

Holy God, we praise Thy Name!

Lord of all, we bow before Thee;

All on earth Thy scepter claim,

All in Heaven above adore Thee;

Infinite Thy vast domain,

Everlasting is Thy reign.

Holy Father, Holy Son,

Holy Spirit, Three we name Thee;

While in essence only One,

Undivided God we claim Thee;

And adoring bend the knee,

While we own the mystery.

The Order of Solemn Eucharistic Exposition and Benediction

EXPOSITION OF THE BLESSED SACRAMENT

All kneel as the celebrant or deacon brings the Holy Eucharist to the altar.

Once the Blessed Sacrament is exposed in the monstrance, the Exposition Hymn is sung:

O salutaris Hostia,
Quae caeli pandis ostium:
Bella premunt hostilia,
Da robur, fer auxilium.

Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria.
Amen.

BENEDICTION OF THE BLESSED SACRAMENT

Near the end of the period of Adoration of the Blessed Sacrament, the celebrant and ministers enter and, upon arrival at the altar, kneel.

All kneel and sing the Benediction Hymn:

Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Præstet fides supplementum
Sensuum defectui.

Genitori, Genitoque
Laus et iubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen.

Prayer of Benediction

The celebrant and people pray as follows, using the Alleluia during the Easter season:

V. You have given them bread from heaven. (*T.P. Alleluia*)

R. Having all sweetness within it. (*T.P. Alleluia*)

Let us pray.

O God, who in this wonderful Sacrament
have left us a memorial of your Passion,
grant us, we pray,
so to revere the sacred mysteries of your Body and Blood
that we may always experience in ourselves
the fruits of your redemption.

Memorare

ALL: Remember, O most compassionate Virgin Mary, | that never was it known | that anyone who fled to your protection, | implored your assistance, | or sought your intercession, | was left unaided. | Inspired with this confidence, | we fly unto you, | O Virgin of Virgins, our Mother; | to you we come; | before you we kneel, | sinful and sorrowful. | O Mother of the Word Incarnate, | despise not our petitions, | but in your clemency hear and answer them. Amen

Novena Prayer

ALL: O Immaculate Virgin Mary, | Mother of our Lord Jesus and our Mother, | penetrated with the most lively confidence | in your all-powerful and never-failing intercession | manifested so often through the Miraculous Medal, | we your loving, and trustful children | implore you to obtain for us | the graces and favors we ask during this Novena, | if they be beneficial to our immortal souls, | and the souls for whom we pray.

(Mention your petitions in silence.)

You know, O Mary, | how often our souls | have been the sanctuary of your Son | who hates iniquity. | Obtain for us then | a deep hatred of sin | and that purity of heart | which will attach us to God alone | so that our every thought, word and deed | may tend to His greater glory. | Obtain for us also | a spirit of prayer and self-denial | that we may recover by penance | what we have lost by sin | and at length attain to that blessed abode | where you are the Queen of Angels and of men. Amen.

An Act of Consecration

to Our Lady of the Miraculous Medal

ALL: O Virgin Mother of God, | Mary Immaculate, | we dedicate and consecrate ourselves to you | under the title of Our Lady of the Miraculous Medal. | May this Medal be for each one of us | a sure sign of your affection for us | and a constant reminder of our duties toward you. | Ever while wearing it, | may we be blessed by your loving protection | and preserved in the grace of your Son. | O most powerful Virgin, | Mother of our Savior, | keep us close to you | every moment of our lives. | Obtain for us, your children | the grace of a happy death; | so that, in union with you, | we may enjoy the bliss of heaven forever. Amen.

Priest: O Mary, conceived without sin,

People: Pray for us who have recourse to Thee. (*3 times.*)

Litany of Loreto

(Prayed on Tuesdays immediately following the Mass)

Lord, have mercy.
Christ, have mercy
Lord, have mercy
Christ, hear us

Lord, have mercy
Christ, have mercy
Lord, have mercy
Christ, graciously hear us

God, the Father of Heaven, **have mercy on us**
God, the Son, Redeemer of the world,
God, the Holy Spirit,
Holy Trinity, One God,

Holy Mary,
Holy Mother of God,
Holy Virgin of Virgins,
Mother of Christ,
Mother of divine grace,
Mother most pure,
Mother most chaste,
Mother inviolate,
Mother undefiled,
Mother most amiable,
Mother most admirable,
Mother of good Counsel,
Mother of our Creator,
Mother of our Savior,
Virgin most prudent,
Virgin most venerable,
Virgin most renowned,
Virgin most powerful,
Virgin most merciful,
Virgin most faithful,
Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honor,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,

pray for us

Chaplet of the Divine Mercy

Opening Prayers

You expired, Jesus, | but the source of life gushed forth for souls,
and the ocean of mercy | opened up for the whole world. | **O**
Fount of Life, | unfathomable Divine Mercy, | envelop the whole
world | and empty Yourself out upon us.
O Blood and Water, | which gushed forth from the Heart of Je-
sus | as a fountain of Mercy for us, | I trust in You! (Repeat 3
times)

The Chaplet

Our Father, Hail Mary and the Apostle's Creed

For each of the five decades

(On each "Our Father" bead of the rosary): **Eternal Father, I of-**
fer you the Body and Blood, Soul and Divinity of Your Dearly
Beloved Son, Our Lord, Jesus Christ, in atonement for our sins
and those of the whole world.

(On each of the 10 "Hail Mary" beads):

For the sake of His sorrowful Passion,
have mercy on us and on the whole world.

Concluding Prayers

Holy God, Holy Mighty One, Holy Immortal One,
have mercy on us and on the whole world. (Repeat 3 times)

Eternal God, | in whom mercy is endless | and the treasury of
compassion inexhaustible, | look kindly upon us | and increase
Your mercy in us, | that in difficult moments | we might not des-
pair | nor become despondent, | but with great confidence | sub-
mit ourselves to Your holy will, | which is Love and Mercy itself.



Sorrowful Mysteries

1. **The Agony in the Garden** (true contrition)
2. **The Scourging at the Pillar** (purity)
3. **The Crowning with Thorns** (courage)
4. **The Carrying of the Cross** (patience)
5. **The Crucifixion** (final perseverance)

Glorious Mysteries

1. **The Resurrection** (faith)
2. **The Ascension** (hope)
3. **The Descent of the Holy Spirit** (love)
4. **The Assumption of Virgin Mary** (a happy death)
5. **The Coronation of Our Lady** (increase in devotion to BVM)

Concluding Prayers

After the completion of the five mysteries (5 decades), the following is customarily said: Hail Holy Queen (or the Salve Regina may be sung)

**Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs
mourning and weeping in this valley of tears.
Turn then, most gracious advocate,
thine eyes of mercy toward us,
and after this our exile show us the blessed fruit of thy womb,
Jesus. O clement, O loving, O sweet Virgin Mary.**

V. Pray for us, O Holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray.
O God, whose only begotten Son,
by His life, death, and resurrection,
has purchased for us the rewards of eternal salvation.
Grant, we beseech Thee,
that while meditating on these mysteries
of the most holy Rosary of the Blessed Virgin Mary,
that we may both imitate what they contain
and obtain what they promise,
through Christ our Lord. Amen.

House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,
Queen of Angels,
Queen of Patriarchs,
Queen of Prophets,
Queen of Apostles,
Queen of Martyrs,
Queen of Confessors,
Queen of Virgins,
Queen of all Saints,
Queen conceived without original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of families,
Queen of peace,

pray for us

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray.
Grant, we beseech Thee, O Lord God,
that we thy servants
may enjoy perpetual health of mind
and body,
and by the glorious intercession of
blessed Mary, ever Virgin,
may we be freed from present sor-
row,
and rejoice in eternal happiness.
Through Christ our Lord. Amen.



B.V.M. LAVRETANA.

Litany of Saint Joseph

(Prayed on Wednesdays immediately following the Mass)

Lord, have mercy. **Lord, have mercy**
Christ, have mercy **Christ, have mercy**
Lord, have mercy **Lord, have mercy**
Christ, hear us **Christ, graciously hear us**

God, the Father of Heaven, **have mercy on us**
God, the Son, Redeemer of the world,
God, the Holy Spirit,
Holy Trinity, One God,

Holy Mary, **pray for us**
Saint Joseph,
Renowned offspring of David,
Light of Patriarchs,
Spouse of the Mother of God,
Chaste guardian of the Virgin,
Foster-father of the Son of God,
Diligent protector of Christ,
Head of the Holy Family,
Joseph most just,
Joseph most chaste,
Joseph most prudent,
Joseph most strong,
Joseph most obedient,
Joseph most faithful,
Mirror of patience,
Lover of poverty,
Model of artisans,
Glory of home life,
Guardian of virgins,
Pillar of families,
Solace of the wretched,
Hope of the sick,
Patron of the dying,
Terror of demons,
Protector of Holy Church,

The Holy Rosary

Opening Prayers

Sign of the Cross

Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and is seated at the right hand of God, the Father almighty; from there He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

1 Our Father,

3 Hail Marys *(for the virtues of Faith, Hope and Charity)*

1 Glory Be

The Rosary Proper

While meditating on the Mysteries, recite:

1 Our Father (large beads), 10 Hail Marys (small beads) and 1 Glory Be (before the next large bead) to make a complete decade of the rosary.

After each decade the Fátima Prayer may also be said:

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those who are in most need of Thy mercy.

Joyful Mysteries

- 1. The Annunciation** (humility)
- 2. The Visitation** (love of neighbor)
- 3. The Nativity** (detachment)
- 4. The Presentation** (obedience)
- 5. The Finding of Jesus in the Temple** (piety)

Luminous Mysteries

- 1. The Baptism in the Jordan**
- 2. The Wedding at Cana**
- 3. Proclamation of the Kingdom**
- 4. The Transfiguration**
- 5. Institution of the Eucharist**

Heart of Jesus, pierced with a lance,

Have mercy on us

Heart of Jesus, source of all consolation,
Heart of Jesus, our life and resurrection,
Heart of Jesus, our peace and our reconciliation,
Heart of Jesus, victim for our sins
Heart of Jesus, salvation of those who trust in Thee,
Heart of Jesus, hope of those who die in Thee,
Heart of Jesus, delight of all the Saints,

Lamb of God,
who take away the sins of the world, **Spare us, O Lord.**

Lamb of God,
who take away the sins of the world, **Graciously hear us, O Lord.**

Lamb of God,
who take away the sins of the world, **Have mercy on us.**

V. Jesus, meek and humble of heart.
R. **Make our hearts like unto Thine.**

Let us pray.
Almighty and eternal God,
look upon the Heart of Thy most beloved Son
and upon the praises and satisfaction
which He offers Thee in the name of sinners;
and to those who implore Thy mercy, in Thy great goodness,
grant forgiveness in the name of the same Jesus Christ, Thy Son,
who lives and reigns with Thee forever and ever.
R. **Amen.**



Lamb of God,
who take away the sins of the world, **Spare us, O Lord.**

Lamb of God,
who take away the sins of the world, **Graciously hear us, O Lord.**

Lamb of God,
who take away the sins of the world, **Have mercy on us.**

V. He made him lord of His House.
R. **And ruler of all His possessions.**

Let us pray.
O God, | in your ineffable providence | you were pleased to choose
Blessed Joseph | to be the spouse of your most holy Mother; | grant,
we beg you, | that we may be worthy | to have him for our interces-
sor in heaven | whom on earth we venerate as our Protector: | You
who live and reign forever and ever. Amen.

Memorare to Saint Joseph

ALL: Remember, O most pure spouse of the Virgin Mary, | my protector, Saint Joseph, | that no one has ever had recourse to your protection | or implored your assistance | without obtaining relief. | Confiding in your goodness, | I come to you | and humbly ask you to despise not, | O Guardian of the Redeemer, | my humble supplication, | but in your bounty, | hear and answer me. Amen.



Litany of Humility

(Prayed on Thursdays immediately following the Mass)



O Jesus! meek and humble of heart,

From the desire of being esteemed,
From the desire of being loved...
From the desire of being extolled ...
From the desire of being honored ...
From the desire of being praised ...
From the desire of being preferred to others...
From the desire of being consulted ...
From the desire of being approved ...
From the fear of being humiliated ...
From the fear of being despised...
From the fear of suffering rebukes ...
From the fear of being calumniated ...
From the fear of being forgotten ...
From the fear of being ridiculed ...
From the fear of being wronged ...
From the fear of being suspected ...

That others may be loved more than I,

Jesus, grant me the grace to desire it.

That others may be esteemed more than I ...
That, in the opinion of the world,
others may increase and I may decrease ...
That others may be chosen and I set aside ...
That others may be praised and I unnoticed ...
That others may be preferred to me in everything...
That others may become holier than I, provided that I may become
as holy as I should...

Hear me.

Deliver me, Jesus.

Litany of the Sacred Heart

(Prayed on Fridays immediately following the Mass)

Lord, have mercy.
Christ, have mercy
Lord, have mercy
Christ, hear us

Lord, have mercy
Christ, have mercy
Lord, have mercy
Christ, graciously hear us

God, the Father of Heaven, **have mercy on us**
God, the Son, Redeemer of the world,
God, the Holy Spirit,
Holy Trinity, One God,

Heart of Jesus, Son of the Eternal Father,
Heart of Jesus, formed by the Holy Spirit
in the womb of the Virgin Mother,
Heart of Jesus, substantially united to the Word of God,
Heart of Jesus, of Infinite Majesty,
Heart of Jesus, Sacred Temple of God,
Heart of Jesus, Tabernacle of the Most High,
Heart of Jesus, House of God
and Gate of Heaven,
Heart of Jesus, burning furnace of charity,
Heart of Jesus, abode of justice and love,
Heart of Jesus, full of goodness and love,
Heart of Jesus, abyss of all virtues,
Heart of Jesus, most worthy of all praise,
Heart of Jesus, king and center of all hearts,
Heart of Jesus, in whom are all treasures of wisdom and knowledge,
Heart of Jesus, in whom dwells the fullness of divinity,
Heart of Jesus, in whom the Father was well pleased,
Heart of Jesus, of whose fullness we have all received,
Heart of Jesus, desire of the everlasting hills,
Heart of Jesus, patient and most merciful,
Heart of Jesus, enriching all who invoke Thee,
Heart of Jesus, fountain of life and holiness,
Heart of Jesus, propitiation for our sins,
Heart of Jesus, loaded down with opprobrium,
Heart of Jesus, bruised for our offenses,
Heart of Jesus, obedient to death,